



Sexual Health Education Instructional Materials Review

FLASH High School

Year Published: 2015

Publisher: Public Health Seattle & King County (distributed by ETR)

Website: <http://www.etr.org/flash/>

Full or Supplemental: Full

Grade Level: High School (9-12)

Student Population: General

Duration/Number of Lessons: Fifteen lessons that are fifty (50) minutes each.

Format and Features: Lessons, classroom and homework activities (worksheets, visuals, teacher resources). Online and binder versions available.

Evidence-based/informed: yes, evidence-informed (currently being evaluated)

Consistent with Healthy Youth Act? Yes

Consistent with AIDS Omnibus Act? Yes

Bias-free Materials: Yes

National Standards Alignment: Yes (National Health Education, National Sexuality Education Standards)

Primary Topical Areas (Check all that apply)

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|---|--|
| <input type="checkbox"/> Abortion | <input checked="" type="checkbox"/> HIV Prevention |
| <input checked="" type="checkbox"/> Abstinence | <input checked="" type="checkbox"/> Identity/Orientation |
| <input checked="" type="checkbox"/> Access to Services | <input checked="" type="checkbox"/> Online Safety |
| <input checked="" type="checkbox"/> Anatomy and Physiology | <input checked="" type="checkbox"/> Pregnancy & Reproduction |
| <input checked="" type="checkbox"/> Communication/Decision-making | <input type="checkbox"/> Puberty/Adolescent Development |
| <input checked="" type="checkbox"/> Condom Use | <input checked="" type="checkbox"/> Refusal Skills |
| <input checked="" type="checkbox"/> Consent | <input checked="" type="checkbox"/> STD Prevention |
| <input checked="" type="checkbox"/> Contraception | <input type="checkbox"/> Other |
| <input checked="" type="checkbox"/> Healthy relationships | |

Reviewer Comments:

Reviewer 11

The Lesson Selection Tool allows districts to include those lessons that reflect community standards and excludes those that do not. The program is heavily sourced with experts and contributors (thereby assuring accuracy), has been updated twice since its inception in 1988, and is widely used in and outside of the state. The program balances messaging of abstinence and birth control, and promotes communication about sexual health topics with family. FLASH is medically accurate, developmentally appropriate, and inclusive.

Family Homework--the feature itself and the way it allows for privacy and choice, is extremely important to maintaining community support of sexual health education, to extend classroom learning to home, and to respect differences in values.

FLASH offers extensive scripting for teachers who may be uncomfortable or unfamiliar with sexual health education. There is an emphasis on inclusivity and making sexual health education ordinary and accessible. The treatment of values, separating them into near universal and not universal categories, and then providing a values question protocol is excellent. FLASH is aligned to the National Sexuality Education Standards and National Health Education Standards.

Languages: Arabic, Chinese, Karen, Hmong, Russian, Somali, Spanish, Vietnamese.

Reviewer 18

Outstanding Lesson and Program design. Each lesson begins with Student learning objectives and lesson timings. Great for teaching staff. The online materials are well designed as it is menu driven. The Background materials provide the user with connections to National Health Standards, WA State Health Ed. Standards, and National Sexuality Ed. Standard. Each lesson also includes Activities, Assessments, and Cross-Curricular Integration. Lessons have much needed "Important Notes" which assist teacher and students. Throughout the lesson there are hints and suggestion to help with lesson design. Follow up and Homework are integrated into all lesson and well designed into the lessons. The materials is at times very text heavy. The curriculum would be strengthened with increased use of visuals, non-text based evidence, increased graphical representation of data.

FLASH is a well-designed curriculum. From the introductory materials and lesson objectives to homework and assessments, the curriculum is connected and well put together. The standards are addressed and clearly defined in the pre-lesson. Much care is taken early on in each lesson to help both the learner and the teacher be ready for what is in the work.

It is a text heavy curriculum that could use a bit more balance with respect to graphics, charts, and design. The handouts seem a bit dated and not as user friendly as they could be.

The curriculum gets to the needs addressed in the standards and provides the coverage. It would be nice to see a bit more depth of knowledge in the assessment of the lessons and perhaps consider a broader range of differentiation.

The curriculum does a nice job of pointing the students and user back to either the community, caretaker, or parent, which is good to see.

Reviewer 21

I would have loved to see a decision-making model used in this curriculum. This curriculum is missing vital opportunities to provide young people with planning and goal setting. I would have like to see more information about sexting and other social media methods. Still using mostly gendered language. This is a great comprehensive sex-ed curriculum base. Would love to see more content around goal setting and decision-making added.