



Sexual Health Education Instructional Materials Review

Curriculum Title: Healthy Bodies Toolkit

Year Published: 2013

Publisher: Vanderbilt Kennedy Center

Website: vkc.mc.vanderbilt.edu/healthybodies/

Full or Supplemental: supplemental

Grade Level: Puberty curriculum

Student Population: Parent guides for girls with developmental disabilities and boys with disabilities (separate toolkits, Spanish language versions available)

Duration/Number of Lessons: 6-7 short chapters per guide

Format and Features: online PDF or print version

Evidence-based/informed: Not evident

National Standards Alignment: Not evident

Healthy Youth Act Compliance: Yes, with modification

AIDS Omnibus Act Compliance: N/A

Bias Free Materials: Yes, with modification

Primary Topical Areas (Check all that apply)

- | | |
|--|--|
| <input type="checkbox"/> Abortion | <input type="checkbox"/> Identity/Orientation |
| <input type="checkbox"/> Abstinence | <input type="checkbox"/> Online Safety |
| <input type="checkbox"/> Access to Services | <input type="checkbox"/> Pregnancy & Reproduction |
| <input type="checkbox"/> Anatomy and Physiology | <input checked="" type="checkbox"/> Puberty/Adolescent Development |
| <input type="checkbox"/> Communication/Decision-making | <input type="checkbox"/> Refusal Skills |
| <input type="checkbox"/> Condom Use | <input type="checkbox"/> STD Prevention |
| <input type="checkbox"/> Consent | <input type="checkbox"/> Other (Social and Emotional Skills) |
| <input type="checkbox"/> Contraception | |
| <input type="checkbox"/> Healthy relationships | |
| <input type="checkbox"/> HIV Prevention | |

Reviewer Comments:

Reviewer 107

I am not very familiar with recommended I/DD materials, but I don't think this product is appropriate for prevention use. It is a great product for teaching children about puberty but is very heavy on the gender binary and while it suggests using the proper terms for body parts, only ever refers to "private parts" within the curriculum which does not support parents in feeling confident using the correct language with their children.

This product does not discuss sexual abuse prevention except for one sentence, and only in very simple terms. I don't think this product should be used exclusively for child sex abuse prevention work. It would be a fine product to use to support personal body health for parents of children with I/DD.

Reviewer 103

Healthy Bodies Toolkit is designed to teach sexual health and development for persons with developmental disabilities. While the curriculum seems appropriate and effective for teaching about sexual health and development, it is not a curriculum appropriate for child sexual abuse prevention.

Reviewer 207

This curriculum is not for the prevention of sexual violence. Instead, it addresses how to speak to kids with developmental delays about puberty.