



# Sexual Health Education Instructional Materials Review

## Curriculum Title: FLASH

Year Published: Varies by grade level

Publisher: Public Health – Seattle and King County, Family Planning Program

Website: [www.kingcounty.gov/health/flash](http://www.kingcounty.gov/health/flash)

Full or Supplemental: Full

Grade Level: Primary and Secondary

Student Population: General (Special Education version available)

Duration/Number of Lessons: Varies by grade level

Format and Features: Binders or online access

Evidence-based/informed: Yes, evidence-informed

National Standards Alignment: Yes (National Health Education Standards, National Sexuality Education Standards)

Healthy Youth Act Compliance: Yes

AIDS Omnibus Act Compliance: Yes

Bias Free Materials: Yes

### Primary Topical Areas (Check all that apply)

- |   |  |
|---|--|
| <input type="checkbox"/> Abortion                                 | <input checked="" type="checkbox"/> Identity/Orientation           |
| <input checked="" type="checkbox"/> Abstinence                    | <input type="checkbox"/> Online Safety                             |
| <input type="checkbox"/> Access to Services                       | <input checked="" type="checkbox"/> Pregnancy & Reproduction       |
| <input checked="" type="checkbox"/> Anatomy and Physiology        | <input checked="" type="checkbox"/> Puberty/Adolescent Development |
| <input checked="" type="checkbox"/> Communication/Decision-making | <input checked="" type="checkbox"/> Refusal Skills                 |
| <input checked="" type="checkbox"/> Condom Use                    | <input checked="" type="checkbox"/> STD Prevention                 |
| <input checked="" type="checkbox"/> Consent                       | <input type="checkbox"/> Other                                     |
| <input checked="" type="checkbox"/> Contraception                 |  |
| <input checked="" type="checkbox"/> Healthy relationships         |  |
| <input checked="" type="checkbox"/> HIV Prevention                |  |

## Reviewer Comments:

### Reviewer 104

I particularly liked the paragraph on Beliefs in the intro. Good separation of issues and values.

### Reviewer 204

Web page takes some time to navigate.

People with disabilities not mentioned at all.

FOR SPECIAL EDUCATION - artwork is NOT engaging or appealing. Sexual Abuse is not mentioned at all for students, it is not included in the materials for the classroom, there are no worksheets for students. Sexual abuse is included in the appendix in the form of abuse identification for teachers. Materials are not updated regularly. One curriculum is intended to meet the educational and developmental needs of students ages 11 - 21 whereas typically developing classrooms have 3 levels of curriculum to choose from.

### Reviewer 206

FLASH is a very strong curriculum that weaves issues of sexual violence prevention, consent, and healthy relationships throughout sexual health topics. This format might be challenging for communities where discussing sexual health and sexuality is less welcome, but the lessons can be easily modified or adjusted to meet the needs of a specific audience. It also allows for additional activities relating to child abuse prevention to be interwoven, making it viable either as a standalone or in conjunction with another curriculum. The materials are not especially visually engaging for students, which might be a barrier when working with populations that need curricula that is more visual or auditory. I would recommend this curriculum wholeheartedly.

### Reviewer 101

FLASH is a strong curriculum that could work with a wide audience, regardless of geography. Developed with a developmental and equity lens, the material is science-based and ideal for the topics of pregnancy, STDs and sexual violence prevention.

### Reviewer 202

FLASH is a comprehensive curriculum that is incredibly well-equipped to address the root causes of sexual violence. There are many activities, scenarios, teacher support, parent involvement, and sufficient dosage. Even as isolated lessons, they would be effective. FLASH is leading the way in this field, and it has much to offer all of us who have an investment in sexual violence prevention.

### Reviewer 109

FLASH is a well thought out curriculum. It does present with some limitations that could be added in discussions. For instance, in the Exploitative section when it talks about Right Touch and Not Right Touch it explains that a doctor's exam is right touch. It needs to add that it is the right touch if a parent/guardian or nurse is present and that touching private parts is appropriate only if it is pertinent for the type of exam being done. Another area that needs to be added is asking and giving consent to touch or for sex.