

Comprehensive Sexual Health Education Instructional Materials Review 2022

Consent is Everything

Year Published/Revised: 2021

Publisher: Seattle Public Schools TV

Website: https://www.youtube.com/watch?v=5rXulLkp_-w

Full or Supplemental: Supplemental

Grade Level: Middle School and High School (grades 6-12)

Student Population: General

Duration/Number of Lessons: Video (3:10 min)

Format and Features: Online video

Available in Multiple Languages: No; closed captioning available

Evidence-based/informed: Not indicated

National Standards Alignment: Not indicated

Consistent with WA Health Education Standards? Yes

Consistent with Comprehensive Sexual Health Education Law? Yes

Consistent with AIDS Omnibus Act? N/A

Inclusive Materials/Strategies: Yes

Bias-Free Materials: Yes



Primary Subject Areas and Topics Required by Law:

- Anatomy and Physiology, Reproduction, and Pregnancy (Pregnancy for Grade 6+)
- Growth and Development/Puberty
- Self-Identity (gender stereotypes, gender identity, sexual orientation, etc.)
- Prevention (general)
 - HIV/AIDS Prevention
 - Pregnancy Prevention
 - STD Prevention
 - Health Care and Prevention Resources
- Healthy Relationships (general)
 - Affirmative Consent
 - Bystander Training
 - Intrapersonal and Interpersonal Communication Skills for Healthy Relationships
 - The development of meaningful relationships and avoidance of exploitative relationships
 - Understanding the influences of family, peers, community, and the media throughout life on healthy sexual relationships

Reviewer Comments:

Accuracy

Reviewer 223

No medical/scientific concerns noted.

Reviewer 224

There are no medical or scientific inaccuracies.

Supplemental

Reviewer 205

Consent is Everything is an inclusive material that shows real youth sharing about consent. Consent is Everything shows that consent is not just a sexual health topic, it's an everyday topic as well. The video is short and easy to watch. This video could be used to assist in a conversation about consent. I think it is important that the voices in this video are from young people in Washington State.



Reviewer 206

The video does a good job representing kids in current time. There was not any clear representation of diverse abilities in the video. The content that the kids reference is relevant and applicable. The video would be most effective if it were used with a comprehensive curriculum OR if the creators included discussion questions.

Reviewer 207

This supplemental video would be engaging for secondary students. It uses real students to discuss the topic of consent from a real-world perspective. The examples they give are ones that students can connect with and therefore understand. I would use this material in my classroom as a supplement to my district approved curriculum.

Reviewer 213

I would say this video is appropriate for middle and high school students. It mainly focuses on the non-sexual situations when consent should still be given. However, it can still definitely be applied to sexual activity as well. This video has a diverse group of speakers. In a world where social media and technology play such a large role in a teen's life, it is important to have materials like this that explain consent in a broad, non-sexual way. I would be eager to use this in my classroom.

Reviewer 214

I enjoyed this content very much. I appreciated how it talked about the other types of consent besides sexual. Consent relates to many areas- not just sexual activity. Many races/ethnicities were represented; however, I don't recall seeing any person with a disability. As long as all types of students are represented throughout the entire health semester/curriculum, this isn't a big deal to me because you can't cover everything in one short video.

Reviewer 220

Film features a range of races and gender expressions with their opinions of consent. Addresses how consent is more than just a sexual skill, but instead stresses how it is a valuable communication skill for all kinds of relationships. Addresses the importance of verbal consent while also acknowledging that some folks are less skilled or less comfortable with verbal communication (important when it comes to language and ability differences).

Film is short (3 minutes), so it is easily added to a curriculum, but would definitely need to be supported with a discussion or other materials; however, there is no guidance or textual follow-up provided with the film.

Reviewer 222

The video represents youth from a wide range of racial and ethnic groups and genders speaking about the importance of affirmative consent. Youth in the video normalize affirmative consent



by giving personal statements about the importance of affirmative consent to them. The youth presenters share specific, realistic examples of ways to ask for, give or deny consent.

Youth presenters acknowledge the influence of power dynamics on consent, and that people with marginalized identities are often put in situations where navigating consent or rejecting someone is uncomfortable and difficult. Be prepared to give / discuss more concrete, age-appropriate examples of what "power dynamics" could look like, including in peer/same-age relationships, and relationships where ages vary. Consider tying in other lesson content, such as those on gender roles / gender expectations, communication skills and refusal skills.

