

WA Sexual Health Education Academic Learning Standards, Grades 9-12

Curriculum:		Reviewer:		Date:	
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Standard 1: Students will comprehend concepts related to health promotion and disease prevention to enhance health.	N/A	SD	D	A	SA
<input type="checkbox"/> Summarize fertilization, fetal development, and childbirth. <input type="checkbox"/> Describe emotional, social, physical, and financial effects of being a teen or young adult parent. <input type="checkbox"/> Describe behaviors that impact reproductive health. <input type="checkbox"/> Explain the physical, social, mental, and emotional changes associated with being a young adult. <input type="checkbox"/> Describe how sexuality and sexual expression change throughout the life span. <input type="checkbox"/> Evaluate the effectiveness of abstinence, condoms, and other contraceptives in preventing pregnancy and STDs/HIV. <input type="checkbox"/> Understand that people can choose abstinence at different times in their lives. <input type="checkbox"/> Differentiate between affection, love, commitment, and sexual attraction. <input type="checkbox"/> Compare and contrast characteristics of healthy and unhealthy romantic and sexual relationships. <input type="checkbox"/> Examine laws and consequences related to sexual offenses, including when a minor is involved. <input type="checkbox"/> Identify laws and concerns related to sending or posting sexually explicit pictures or messages.					
Standard 2: Students will analyze the influence of family, peers, culture, media, technology, and other factors on health behaviors.	N/A	SD	D	A	SA
<input type="checkbox"/> Evaluate how culture, media, society, and other people influence our perceptions of gender roles, sexuality, relationships, and sexual orientation. <input type="checkbox"/> Analyze factors that can affect the ability to give or recognize consent to sexual activity.					
Standard 3: Students will demonstrate the ability to access valid information and products and services to enhance health.	N/A	SD	D	A	SA
<input type="checkbox"/> Identify local youth-friendly sexual health services. <input type="checkbox"/> Identify ways to access accurate information and resources for survivors of sexual offenses. <input type="checkbox"/> Describe laws related to accessing sexual health care services.					
Standard 4: Students will demonstrate the ability to use interpersonal communication skills to enhance health and avoid or reduce health risks.	N/A	SD	D	A	SA
<input type="checkbox"/> Demonstrate effective ways to communicate with a partner about healthy sexual decisions and consent.					
Standard 5: Students will demonstrate the ability to use decision-making skills to enhance health.	N/A	SD	D	A	SA
<input type="checkbox"/> Explain the role hormones play in sexual behavior and decision-making. <input type="checkbox"/> Use a decision-making model to make a sexual health-related decision.					

Circle one response (N/A= Not applicable, SD=Strongly Disagree, D=Disagree, A=Agree, SA=Strongly Agree) for each of the standards. Example sexual health ed outcomes are included as a reference but are not required to be taught. Further, if districts use the example outcomes, they may be taught at different grade levels than presented in this rubric. Revised 3/4/2021.

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Standard 6: Students will demonstrate the ability to use goal-setting skills to enhance health.	N/A	SD	D	A	SA
<i>There are no WA state grade level outcomes for this standard in this grade band.</i>					

Standard 7: Students will demonstrate the ability to practice health-enhancing behaviors and avoid or reduce health risks.	N/A	SD	D	A	SA
<input type="checkbox"/> <i>Describe steps of testicular self-exam and the importance of breast self-awareness.</i> <input type="checkbox"/> <i>Demonstrate steps to using a condom correctly.</i> <input type="checkbox"/> <i>Understand importance of personal responsibility for sexual decisions.</i> <input type="checkbox"/> <i>Understand importance of personal and social responsibility for sexual decisions.</i>					

Standard 8: Students will demonstrate the ability to advocate for personal, family, and community health.	N/A	SD	D	A	SA
<input type="checkbox"/> <i>Advocate for STD testing and treatment for sexually active youth.</i>					