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Washington Office of Superintendent of
PUBLIC INSTRUCTION
Chris Reykdal, Superintendent

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(X) Informational

BULLETIN NO. 010-22 SECONDARY EDUCATION AND PATHWAY PREPARATION

TO: Educational Service District Superintendents
School District Superintendents
School District Business Managers
School Principals
School Facilities Directors
School Health Directors

FROM: Chris Reykdal, Superintendent of Public Instruction

RE: Menstrual Products in Schools

CONTACT: Laurie Dils, Associate Director of Content, Health and Sexual Health
(360) 725-6364, Laurie.Dils@k12.wa.us

PURPOSE

This bulletin provides notification of new requirements for schools to provide menstrual hygiene products in all schools serving students in grades 3–12, ensuring that all students who need them will have access free of charge. This requirement takes effect in the 2022–23 school year.

BACKGROUND

Students who lack access to menstrual hygiene products may miss school or be less productive or engaged in the classroom. Research shows that one in four teens have [missed class due to a lack of access](#) to menstrual products. Similarly, one in five students has struggled to afford menstrual products. This [disproportionately](#) impacts students of color, students experiencing disabilities, and students experiencing poverty. Many of our students are at risk of losing educational opportunity because they can't access basic health and hygiene products.

In 2021, the Legislature passed [HB 1273](#), concerning menstrual products in schools. This bill aims to increase access to menstrual products for all students by requiring all school districts and private schools, by the beginning of the 2022–23 school year, to:

- Provide menstrual products (sanitary napkins, tampons, or similar items) free of charge in all gender-neutral and female-designated restrooms in schools serving students in any of grades 6–12.
- If a school building serving students in grades 6–12 does not have a gender-neutral restroom, make products available in at least one male-designated restroom or a health room accessible to all students.
- Provide menstrual products free of charge in a school health room or other location determined by the school principal in schools serving students in any of grades 3–5.

Schools and districts may seek grants or partner with non-profit or other community-based organizations to assist with meeting this requirement.

INFORMATION AND ASSISTANCE

For questions regarding this bulletin, please contact Laurie Dils, Associate Director of Content, Health and Sexual Health, at 360-725-6364 or email laurie.dils@k12.wa.us. The OSPI TTY number is 360-664-3631.

This bulletin is also available on the [Bulletins](#) page of the OSPI website.

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