



Sexual Health Education Instructional Materials Review

Positive Prevention Plus (High School)

Year Published: 2015

Publisher: Positive Prevention, LLC

Website: <http://www.positiveprevention.com/health.html>

Full or Supplemental: Full

Grade Level: Middle school and high school versions available

Student Population: High school version includes information for teaching in “alternative settings”

Duration/Number of Lessons: High school version includes 12 lessons

Evidence-Based - CDC or HHS/OAH registry; National Campaign database; ETR database: Evidence-based, but not in registries

Healthy Youth Act Compliance: Yes, with minor modification (see ratings and reviewer comments)

AIDS Omnibus Act Compliance: Yes

National Standards Alignment: No; California Health Education Content Standards alignment (CA Standards are aligned with National Health Education Standards)

Format and Features: Notes from publisher, three-ring binder, plus CD containing the following:

- Teacher classroom presentation slides in Adobe Captivate (these can be read with Adobe Reader 9.0 or later); (optional) STD photos; Safe Surrender video clips; Parent materials in both Spanish and English; Student workbooks in both Spanish and English; PPREP (the self-guided Positive Prevention Review and Education Program which reminds/walks teachers through each lesson, including brief videos of teachers presenting each lesson activity)

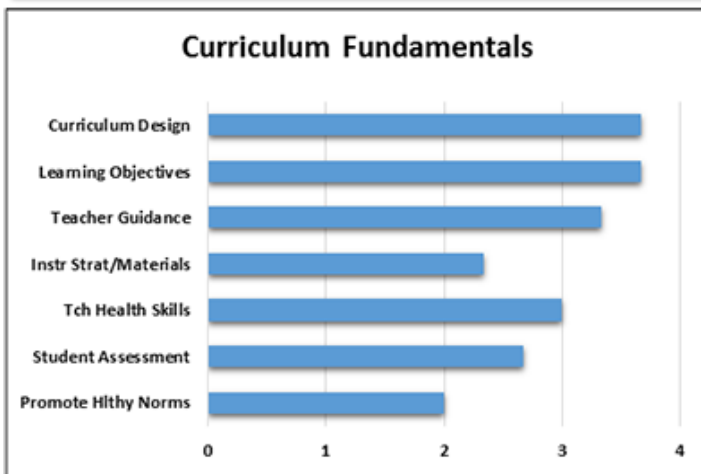
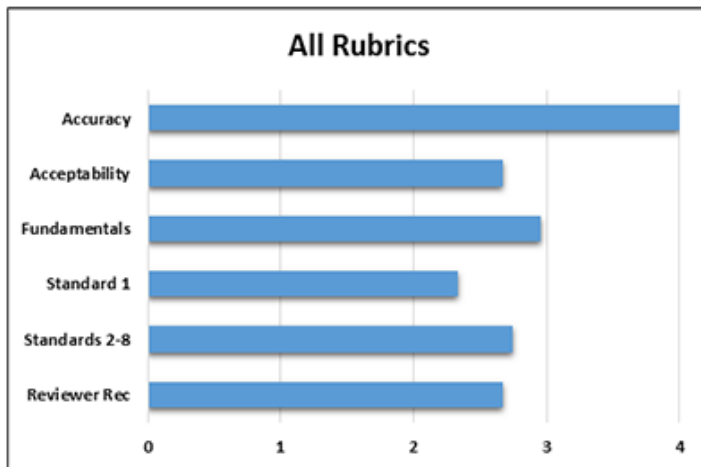
Professional Development: No

Editor’s Note: since publication of the 2015 edition (included in this review), significant changes have been made by the publisher in response to changes in the California Education Codes. Additional information has been added related to HIV: anti-retroviral therapy (ART) and pre-exposure prophylaxis (PrEP); safe surrender: pre-natal care and responsible parenting; “gender and sexual orientation” moved from “concerns” section to a separate section; STDs updated; sex trafficking: progressive consent.

PRIMARY TOPICAL AREAS

- Anatomy and Physiology
- Puberty/Adolescent Development
- Pregnancy & Reproduction
- Contraception
- Abstinence
- STD Prevention
- HIV Prevention
- Identity/Orientation
- Healthy Relationships
- Other
 - Abortion
 - Access to Services
 - Character Building
 - Condom Use
 - Human Rights
 - Infant Care Simulation
 - Marriage and Parenthood
 - Refusal Skills
 - Sex Trafficking

OVERALL RATINGS



REVIEWERS' COMMENTS

Review 1

Reviewer ID 11

I would recommend using this curriculum for multiple reasons. Overall it is current regarding the high standards teachers are expected to meet today. For each lesson there are pre and post assessments and opportunity for students to self-reflect on their own learning and to interact with classmates. Lessons are clearly aligned with the NHES and give students various ways to learn content and to practice nearly all of the national skills. This curriculum presents content and teaches lessons without bias and reinforces the concept of respect to any differences related to sexuality. It includes a very strong family component. All aspects of health, physical, mental, emotional and social are addressed in the curriculum. Teachers would find this curriculum well organized and quite easy to implement. Safe and reliable websites are listed for teacher resources. The only drawback to this curriculum is that some lessons, laws and resources are specific to California, the time spent on adapting for Washington classrooms would be very well spent as this is an excellent curriculum.

Review 2

Reviewer ID 14

Aligned with California Education Code and Health Education Standards, Positive Prevention uses research-based characteristics of effective sexual health curricula by supplementing an original HIV/STD curriculum with additional lessons on relationships, Safe Surrender, all FDA-approved contraception, STDs, goal-setting and life planning. Alignment with Washington State health and fitness standards is unclear, but it is likely very closely aligned. There is an extensive collection of electronic files for use with this curriculum - handouts, videos, slide sets, parent letters, etc.

Pros

- + Overall, this is an impressive step along the way towards comprehensive sexual health education, although other supplemental lessons are definitely needed to meet the Healthy Youth Act. It definitely meets the AIDS Omnibus Act.
- + The teacher lessons have audio and video instructions for teachers that help explain each lesson. There are also slides to be used with students that do not have these verbal instructions.
- + The teacher lessons also include video examples of how teachers conduct certain activities with students.
- + Contains a sample agenda for a parent meetings, parent letter (both in English and Spanish), information about sexting and other helpful resources for teachers
- + There are myriad examples of LGBTQ student inclusion throughout the lessons.

Cons

- Users might need to install Flash Player before using the slide sets in the curriculum. Teachers may need help from IT specialists if they are not able to download files from the Internet without an administrator password.
- Some resources are specifically for California and need localizing if this curriculum will be used in WA.
- It could be challenging for some teachers to not have a traditional/physical curriculum manual / lesson plan binder that you can hold in your hands because the lessons are video/slide based. Preparing for lessons may take longer than with other curricula because the teacher should watch a video tutorial for each lesson that would take up to an hour, in addition to other tasks like making photocopies and preparing technology for videos. Teachers of this curriculum should be tech savvy or employ the help of a school IT specialist to ensure all video and audio components are working correctly before teaching.



- Some updates are needed to fix the false statement that IUDs may protect against STDs and other statements about birth control methods like outdated effectiveness rates. Updated information of the effectiveness of ART, PEP, and PrEP, and serosorting as HIV prevention tools is needed.

Review 3

Reviewer ID 19

*Every chapter tells students to talk to a parent or trusted adult. It assumes these resources and relationships are in place. Every student may not have these resources available

*Every chapter concludes with a true/false test. Does not empower students with goal setting and decision making skills.

*Illustrations are not culturally diverse. ALL drawings show white students, doctors, parents, and teachers.

*Examples only show male/female relationships. Needs to be more gender neutral.

*Should include student advocacy for personal, family, and community health

*Should include ability to use interpersonal communication skills to enhance health and avoid or reduce health risks
- manage personal information in electronic communication when using social media

*Should include peer resistance skills to avoid or reduce sexual risk behaviors.
- role play

*Students should be able to analyze the influence of media, technology, and other factors on health behavior.

